



保祿六世書院家長教師會 二零一五至二零一六年度通訊（第一期）

第十六屆周年會員大會暨家校交流會

陳穎賢家長

感謝校長，各位老師及會員的支持，致使本屆家教會週年會員大會得以順利舉行。我們在會上一致通過了 2014-15 年度的財務報告，及修改了有關家長校董產生日期之會章。同時，我們亦回顧了過去一屆的活動片段，並為來年的活動作預告。最後，大家一起享用精緻的茶點，交流心得，氣氛融洽！

家長難得聚首，本會根據各級家長所關注的事項，精心安排了不同專題的交流會及講座。例如中一、中二級是分享升中後的校園生活、中三級是有關升高中選科的專題講座、中四級則是講解何謂「其他學習經歷 (OLE)」、「校本評核 (SBA) 和「學生學習概覽 (SLP)」。

小女是中五級生，而我所關心的當然就是升學問題。現今升學資訊繁複、制度經常變化，讓人迷惘。有見及此，本會邀請了學友社學生輔導中心的副總幹事——吳寶城先生，為我們分析現時本港大學聯招及其他升學途徑的最新形勢。這次講座的内容豐富充實，為我們家長撥開層層迷霧！

本會未來將舉辦更多義工活動及專題講座，希望大家能踴躍支持，謝謝。



林翠雲校長致辭



家長稍作休息，享用精美茶點

家校交流會感想

本人是中一新生的家長，同時亦是家教會的家長委員，首次出席本校家長教師會的週年大會。

對是次活動，本人認為有兩種意義。首先，從一般家長的角度來看，這次活動的安排及主題均有助家長認識子女學習的需要，出席的家長都積極投入各個班級主題的活動。從家長的提問、老師的回答，處處反映出學校及家長們對孩子的關心。

另外，從家長委員的角度看，學校安排的主題活動十分豐富，而且老師、家長義工和同學義工們都合作無間，使活動得以順利進行。例如：本人在報到處幫忙時，每逢有家長到來，同學、家長均會彼此配合，為家長遞上講座用的資料及安排入座。這種合作無間、互相服務的精神，我相信這就是保祿精神了。

黎帶有家長



中二級家校交流會情況



升學組楊梓伶老師講解中三選科事宜

轉眼間，女兒已升上中二了。經過一年的中學生活，女兒在各方面都漸上軌道。基於對兒女的關懷，我仍想更深入了解女兒的學校生活。當知道學校會於 10 月 31 日的家長教師會周年會員大會後舉行「家長教師交流會——認識子女學校生活」，我毫不猶豫地報名參加。因為根據去年的經驗，班主任當日會播放學生在學校的生活花絮，更重要的是我可以趁機與老師談談女兒在學校的生活情況。

當日，班主任果然不負眾望，首先播放了同學在中二的學校生活相片專輯。我的視線被老師播放的相片所吸引，腦海中盪起女兒在晚飯時跟我分享學校生活的點點回憶：上課的情況、各項活動的情景、趣事，還有她經常提及的同學們。透過是次的相片分享，我對女兒的學校生活有了更深入的認識，相信日後在飯桌上我們會有更多的共同話題！

陳艷寧家長



吳寶城先生講解升讀大學資訊



家長與班主任在講座後交流



在中四家長教師交流會中，我知悉女兒要在新高中的三年間，完成的三份重要的功課：OLE (Other Learning Experiences 其他學習經歷)、SLP (Student Learning Profile 學生學習檔案)、SBA (School Based Assessment 校本評核)

作為家長，剛聽到這三組英文字，就已經感到有壓力，更何況是要親身面對這些課業的囡囡呢？有見及此，當囡囡在家中默不作聲地埋頭苦幹時，我也要默默地在她的身邊支持她，不會太囉唆，以免增加她的精神壓力。我們作為家長的，讓女兒們用她們自己的步伐，與同學及老師一起去體驗這些寶貴而快樂的經歷吧！

林慧貞家長



女兒升中不知不覺已踏入第三個年頭，今年就要面對選科問題了。由於不知從何入手，叫人感到煩惱。幸好，學校舉辦了一次選科講座，當中不但講解了學生、家長在選科時可能會遇到的問題，又介紹了各所大學的收生要求。不但如此，在講座完結後，學校更備有與班主任面談的環節，為家長提供了詳細的建議和分析。聽完這次講座後，我們一家認識到選科時要考慮的各種因素，無須再煩惱如何選科了。

黃凱珊家長



主席的話



李惠芬家長

大家好，本人是應屆家教會的主席——李惠芬。在過往的幾年間，本人曾參與及籌備不同類型的家教會活動。

以去年為例，本會籌備了多達十七項的活動，增多學生與家長對學校、對社區的歸屬感。例如在「家校同心齊送暖」中，本會邀請家長及學生一起探訪區內的長者，向他們送呈真摯的關懷。新年時，我們亦與家長義工一起製作賀年糕點，送贈有需要的家庭，以示祝福。又以「親子旅行」為例，我們與約 120 位同學及家長渡過難忘一天，促進彼此間的關係。在此，本人衷心感謝各位家長委員、老師委員及義工的盡心協助，感謝家長們對本會活動的支持。

期望在新一年，本會將繼續舉辦多元化的活動，希望各位家長能繼續積極參與。讓我們一起發放正能量，使學生、家長及學校都能從中得益，達致三贏局面。

最後，祝願大家身體健康！

第十六屆執行委員

	家長委員	老師委員
主席	李惠芬	/
副主席	林慧貞	廖黃桂珍
秘書	黎帶有	翁栩
司庫	陳新生	潘玉珊
教育	蔡璇玲	林王小容
出版	陳穎賢	呂志強
康樂	譚月明、黃凱珊	林王小容
總務	陳艷寧、張靜雯	/



新老師心聲

Hi Folks

Upon completion of my four-year BA&BEEd double-degree studies at The University of Hong Kong, I could not wait to put into practice what I have learned in an actual classroom! Aspiring to be an all-round English teacher, I do believe that being a teacher has to care about serving the needs of students and have passion in teaching on top of sound knowledge. Over the years, I have been gaining valuable teaching experience in different secondary schools and I am so grateful and blessed to have joined this big family of Pope Paul VI College this year!

After a few months of teaching here in Pope Paul, I found the girls here are very polite, pleasant, vivacious, intelligent and courteous. Teaching here is always a throwback to my secondary days as I was also raised in a girls' school.

I look forward to furthering my life experience and broadening my educational perspectives as I contribute to this lovely school community by providing fruitful and joyful English learning experiences for Pope Paul girls.

Last but not least, I would like to share with you my teaching motto that I have held on to since graduation – *A teacher's purpose is not to create students in his own image, but to develop students who can create their own image. To teach is to touch lives and inspire.*



黃曉嵐老師

老師姓名	班主任	任教科目
黃曉嵐	1A	英國語文
彭秋蓉	1C	生物、化學、綜合科學
趙靜雯	2A	英國語文、宗教及倫理
溫穎怡	2B	綜合人文、通識
翁 栩	2D	歷史、地理、綜合人文
余詠彤	/	圖書館主任

A story on Becoming a Biology Teacher

Hello everyone! I am Ms. Christy Pang who teaches Biology, Chemistry and Integrated Science in this school. Being a new and young teacher, I feel very grateful to have the precious opportunity to teach in Pope Paul VI College because students in this school are hard-working, polite and proactive in learning. Senior form students would take the initiative to ask me questions after class and they have developed a positive learning attitude in their study. Junior form students are more active in lessons. They always actively answer my questions and take part in the group discussion in class. Some students are willing to share their learning difficulties to me, therefore I can help them in small group tutorial after school. To my greatest contentment, students can show gradual improvement in learning.

There is a story behind my learning of Biology. When I was in secondary school, I was not good at Biology. However, at that time, I dreamed of studying Biology in the university as I wished to become a Biology teacher when I grow up. Out of my expectation, I faced a lot of obstacles in my learning and even failed some quizzes in Biology.

Fortunately, my Biology teacher was very supportive to me. She told me that I should work hard in study and “dare to dream”. She wrote a card to encourage me and offered help to me

when I was in need. Finally, I got a remarkable result in my public examination. My passion for Biology eventually motivated me to join the teaching profession as a secondary school teacher and my dream has come true. This story reminds us that although we will encounter ups and downs in life, we should never give up easily. We can also take every opportunity to learn and grow, and build confidence in learning by achieving small goals. Do not underestimate your ability and your talent.

As a Biology teacher, I hope to share the joy of learning Biology with my students. Learning Biology is fun as we can discover many interesting facts about nature and living things around us. If you love something, you will find more motivation to learn and explore the unknown knowledge in it. I hope that every student in PPVIC will find their interest in learning that I experienced.



Delighted to Join this big family

I am really grateful to God and to the school that I am granted this precious opportunity to teach at Pope Paul VI College, which is a well-established Catholic secondary school. Students usually call me Ms. Chiu. I teach junior form English and Religious and Moral Education in this school.

My first impression of the girls is that they are well-behaved and polite. Students never hesitate to greet teachers when they see their teachers in the street. I still remember one day when I met one student in the street and I asked her if she had had lunch, she smiled and promptly replied with a bow.



Faith, I believe, plays a very important role in my life as everyone might experience ups and downs in life. Preaching God's love is also one of my missions in teaching. I always think that if teenagers know and understand the presence of God and his love and sacrifice for humans, they have something to rely on when they encounter difficulties.

Watching movies and tasting various cuisines of the world are my favourite pastime. Comedy and documentaries are my favourite genres. Apart from providing entertainment, movies also improve students' language proficiency and develop a genuine understanding of human lives.

Teachers never know what kind of seeds they have sown in students, and that's the wonder of teaching. Knowledge is what makes a student competitive and capable, but it is not the most important thing. The essence of education encompasses the nurture of positive attitude in students which not only enhances personal growth but also cultivates a willingness to make full use of their talents to serve others.

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The message from Mr Yung

Hello everyone, my name is Yung Hui, Nelson. I am the new teacher of Pope Paul VI College this year. The subjects I am teaching now are Form 1 and Form 2 Integrated Humanities, Form 3 Geography and History. I am a graduate of the Anthropology department of the CUHK back in 2007. Soon after that I began my path of becoming a secondary school teacher. Besides, I am also being equally fascinated to nature adventures, ornithology, photography, cycling and trends of information technology.



翁翊老師

The primary subject I taught is related with human society. Throughout my career I have been a keen observer of what's going on around us in the world. Hong Kong is a small place but we always

have many great opportunities to see a greater picture of the world from here. I would really like to share with the students here with my experiences from my travels in the past years. The very first thing that impressed me about this school is the students here are very self-organized and disciplined as this helps to maintain a harmonious and orderly atmosphere in the campus. This made me highly appreciate the timeless efforts made by the forerunners of the school. I feel it is a valuable gift and great honor for me to teach in this school.

“The only thing that you absolutely have to know, is the location of the library”

Some people find peace in music, some in sports, others in numbers. I found my mind at ease in one cozy afternoon last month, when I was alone in the school library, re-wrapping an old and rather dilapidated book that I once borrowed a number of times during the course of my secondary school life at Pope Paul. Here I was, greeting this old friend again and gently clothing it in a brand new jacket. And here I am, back to my old school again, clothing myself in the title of Teacher Librarian and embracing the challenge of running a welcoming and accommodating school library.

To be frank, I was scared at the beginning of the school year, being the only decision maker of the library and the “head” of club and committees. I owe my thanks to all teaching and non-teaching staff and my awesome library assistants, who not only offer me precious suggestions based on their observations in the past, but also unreservedly assist in my new plans, no matter how unconventional they seem to be. I would also like to thank all students who have shown their interest and support to the new library activities and services. With such encouragement, my fear has gradually dissolved and I am now more and more aspired to devise new projects for the library.

It is my genuine belief that every library user has a say in what a library should look like. If you have any suggestions on library service and collection, please feel free to tell us or simply send us a message on Facebook (www.facebook.com/ppviclib). See you soon in the library! :)



PPVIC library Facebook page QR code
(Please like our page and receive the latest library news feed!)



余詠彤老師

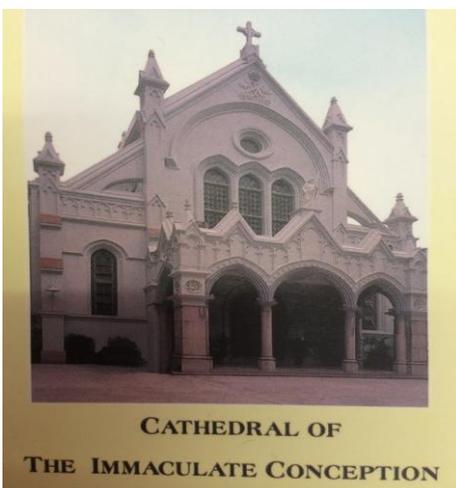
My Church

I am a newly appointed teacher of Pope Paul VI College. I am the class Teacher of Form 2B. I teach Forms 4 and 5 Liberal Studies and Form 2 Integrated Humanities. I obtained my postgraduate degree in Liberal Studies from the University of Hong Kong. Liberal Studies is one of my favourite subjects. Next to Liberal Studies, my favourite subjects are Integrated Humanities and English Language. I am also a member of the Civic Education Committee at our school.

To tell you a little bit about my family background, I am the eldest daughter in my family and I have a younger brother and a sister. My family lives in Tsing Yi. In my leisure time, I enjoy walking along the promenade in the public park near my house. I see many children playing on swings, slides and the roundabout. I love the peaceful environment around where I live, with birds singing and gardens full of beautiful flowers. In my free time, I enjoy singing, reading and going to the library.

I am a religious person. On Sundays, I go to Hong Kong Catholic Cathedral of the Immaculate Conception. It is one of the biggest Catholic churches in Hong Kong. My church is located at 16 Caine Road, Hong Kong. Its architecture is gorgeous. I love gazing at the tall steeple and the large bell hanging from the top. The cathedral, was built in an English Gothic style in the 19th century. Its cruciform is in the shape of the Latin cross. The exterior walls of the church were built from brick and stone, while its base and columns were made of granite. Gothic churches like this are usually designed with soaring spires, exaggerating front doors and rose windows made of stained glass. The invisible part consists of the demolished or replaced portions of the building depicting stories from the history, which is the story of the saints in the two millennia. There are many Catholics in my church. The Catholic sisters and fathers teach us the Bible and share interesting Biblical stories with us.

I am extremely blessed that I can serve our Lord, and with his grace be able to educate children and shape their personalities from a young age. If you have an interest to learn more about my faith, please feel free to contact me and visit my church.



溫穎怡老師

2015-2016年活動計劃

1 家校交流會 2015

為了增加家校溝通，促進家庭與學校的關係，與及幫助家長了解女兒在學校的生活，認識她們不同學習階段的需要，本會自去年開始，在家長教師會周年大會之後，舉行全校的家長老師交流會。

「家校交流會 2015」就不同級別的家長需要，安排不同主題，希望藉此讓學校與家長建立良好關係。今年家長反應十分熱烈，報名人數接近 500 人，彼此就關心的議題作充分交流，家校融洽。



2 新高中多元出路講座

本會在周年會員大會後，邀請學友學生輔導副總幹事社吳寶城先生為中五至中六家長和同學主持「新高中多元出路」講座，講題為「前途在我手，踏上青雲路」。出席人數超過 400 人，家長和學生都表示獲益良多。

3 家校同心齊送暖

本會將於 2016 年 1 月 16 日 (星期六) 為石籬區的長者送上新春禮物包，希望藉此提供親子機會，讓家長與年青人共同實踐仁愛與服務的校訓，以刺激年青人關注香港的老人問題，並反省自身行為。

是項活動需要大約 40 至 50 位家長義工參與，請踴躍支持。詳情請留意本會通告。

4 製作新年糕點

本會秉承校訓「仁愛與服務」的精神，每年在農曆新年之前，由家長義工全力製作賀年糕點，饋贈有需要的家庭。日期預計是 2016 年 1 月，家長如欲擔任義工，請聯絡廖太或馬姑娘。

5 家長講座

本會正邀請中醫師及營養師在 2016 年 1 月 24 日 (星期日) 3:30—5:30 蒞臨本校主持講座，講題是「青春期的飲食調理與壓力紓緩」，歡迎各位家長參與。詳情請留意本會通告。

6 健康雙週

為配合本校「健康校園」的主題，家教會支援學生健康領袖在 2016 年 4 月舉辦一連串與健康相關的活動，包括水果日及烹飪比賽，歡迎各位家長擔當義工。如欲參與，請聯絡本會委員。



學校動向



三年發展計劃 (2015-16 至 2017-18)

1. 建設福音校園，推動心靈教育
2. 培養求知好問精神，積極追尋學習真義
3. 凝聚教師團隊力量，支援學生健康成長

學校關注事項 (2015-16)

1. 培養學生賞美、自省的能力，活出喜樂感恩的態度
2. 提升學生學習興趣，培養勤學不倦的態度
3. 支援教師團隊，推行心靈教育



「心靈教育」是針對青少年正向成長（Positive Youth Development）的特質而發展出來。青少年成長中有兩大積極表現，一是「自我意識的冒升」；另一個表現就是「超越感的發展」。不少青年人心中都渴望愛和自我肯定，她們隱約覺察到此生除了吃喝玩樂、讀書工作外，還有些東西是值得自己去追尋的！這兩種表現正是人靈性萌芽的階段。

在現實世界裡，她們內心的渴求和迷惘，往往缺乏適當的回應與滋養。加上身處香港這樣一個以經濟掛帥及消費主義的社會，這顆稚嫩的「心靈」，很快就被過於功利現實的價值觀及五花八門的新玩意所污

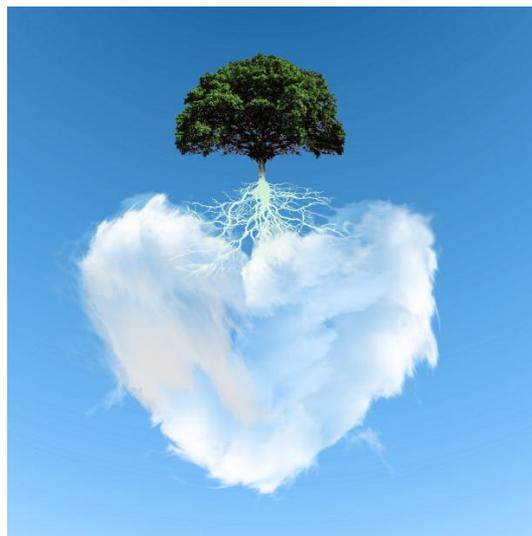


染，對「超越」的追尋，往往扭曲成追求物質享樂、過分重視成就，甚至滿足於「自我無理想」。

至於「自我意識的提升」也轉變成反叛行為及偶像崇拜。心靈教育就是協助青少年發展其內在的能力，培養她們的心靈素養。

「心靈教育」以培養下列十二種基本能力為目標：

1. 賞美	7. 選擇生命
2. 想像	8. 社會正義
3. 透視	9. 大同
4. 自省	10. 尋求真理
5. 樂觀與喜樂	11. 驚嘆奧蹟
6. 關愛	12. 呼求



今年，學校將安排學生透過不同學習領域的教學活動增強和深化「賞美」、「自省」、「樂觀與喜樂」、「尋求真理」四種「心靈教育」的能力。

在教學策略方面，激發學生求知的慾望，培養她們勤學不倦的態度，並為所做的事情賦予意義，以提升學生的學習動機。

「心靈教育」就是「生活習慣」和「態度」的培育，必須持之以恆，加以鍛鍊。教師和家長的「同行」和「榜樣」極其關鍵。只有家校通力合作，為下一代建立關愛的成長環境，給予她們合適的鍛鍊，必能讓她們身心靈得以健康發展。

